

Non Food Items

Alder (Alnus Glutinosa)	Ampicilloyl	Anisakis	Apple Tree	Artemisia Salina
Ascaris	Ash (Fraxinus Excelsior)	Aspen (Populus Tremula)	Aspergillus Fumigatus	Aspergillus Niger
Aster	Barley (Hordeum Vulgare)	Bee	Beech (Fagus Silvatica)	Bermuda Grass
Birch	Blackberry Bush	Buckwheat	Buttercup (Ranunculu s spp.)	Calluna
Canaries	Cats	Chamomile (Matricaria Chamomilla)	Cherry tree	Chile Pine (Monkey Puzzle)
Chrysanthe mum (C. morifolium)	Clover (Trifolium spp.)	Colonial bent grass (Agrostis tenuis)	Cotton	Currant Bush
Dahlia (Dahlia hybrida)	Dandelion (Taraxum duplidens)	Deer Epithelium	Dogs	Duck
Duck Feathers	Duck, Wild	Dust	E 999 Quillaja Extract	Foaming agent
Elder (Sambucus Nigra)	Elm (Ulmus Glabra)	European Beech	European lime (Tilia europea)	False acacia (Robinia pseudacacia)

Fireweed/ Great willow herb (Epilobium angustifoli um)	Fox Epithelium	Glaskraut (Parietaria judaica)	Goldenrod (Solidago virgaurea)	Goose feathers
Guinea pigs	Hamsters	Hawthorn (Crataegus spp.)	Hazel (Corylus avellana)	Hop (Humulus lupulus)
Hornbeam (Carpinus betulus)	Horse Bot Fly	Horse chestnut (Aesculus hippocasta num)	Horses	House Dust Mite
Hyacinth (Endymion non scriptus)	Jacaranda Tree	Japanese Cedar	Japanese Millet	Jasmine (Philadelph us spp.)
Laburnum (Laburnum anagyroide s)	Larch	Latex	Leather	Lilac (Syringa vulgaris)
Linden Tree	Lupine (Lupinus polyphyllus)	Lycra	Mangrove	Marguerite (Leucanthem um vulgare)
Melde (Artiplex spp.)	Mice	Mistletoe	Mosquito	Moth
Mouse Urine Proteins	Mulberry	Narcissus (Narcissus spp.)	New Belgian Aster	Nylon
Oak (Quercus robur)	Oats (Avena sativa)	Parrot Feathers	Peanut plant	Pear tree

Penicillioyl	Perennial ryegrass (Lolium perenne)	Pigeon Droppings	Pigeons	Pigweed (Chenopodium album)
Pine (Pinus spp.)	Pine, Scottish (Pinus sylvestris)	Plane tree (Platanus acerifolia)	Poplar (Populus spp.)	Primrose (Primulus)
Rabbits	Ragweed (Ambrosia elatior)	Rape (Brassica napus)	Rats	Rose (Rosa spp.)
Rubber	Rubber Tree	Rye	Scotch heather (Calluna vulgaris)	Sheep's wool
Spelt	Spruce (Picea abies)	Stinging nettle (Urtica dioica)	Storage Mite	Strawberry
Tall oat grass (Arrhenaterium elatius)	Tansy ragwort (Senecio jacobaea)	Timothy grass (Phleum pratense)	Tulip	Velvet
Wallflower (Cheiranthus cheiri)	Walnut tree	Wasp	Wheat (Triticum aestivum)	Wild oat (Avena fatua)
Willow	Wool	Wormwood (Artemisia absinthium)		

Food Items

Acai Berry	Acetic acid	Aji Pepper	A-Lactalbumin	Ale
Almond	Almond milk	Aloe	Amaranth	Anchovy
Aniseed	Apple juice	Apples (Cooked)	Apricots	Aquafaba
Arrowroot	Artichoke	Asparagus	Aubergine	Avocado
Bacon	Banana	Barley	Barley grass	Basil
Bay Leaf	Beans (broad)	Beans (green)	Beans, lima	Beansprouts
Beef	Beef Jerky	Beer	Beets (beetroot)	Bell Pepper (green)
Bell Pepper (red)	Bilberries	Bilberries (Raw)	Black Beans	Black eyed peas
Blackberries (Cooked)	B-Lactoglobulin	Blueberries	Blueberry	Boiled Milk
Braeburn apple	Brazil nut	Bread – baguette	Bread – Rye	Bread, white bread
Broccoli	Brown bread	Brussel Sprouts	Buckwheat	Bulgar wheat
Butter	Butter (salted)	Butter lettuce	Buttermilk	Butternut
Button Mushroom	Cabbage – Green	Cabbage – Red	Cabbage – White	Camomile Tea
Canola oil	Cantaloupe	Capsicum (green)	Capsicum (red)	Capsicum (yellow)
Carambola	Caraway	Cardamom	Carrot	Cashew nut

Cassava	Cauliflower	Cayenne Pepper	Celery	Champagne
Cheddar	Cherries	Chestnut	Chestnut Mushroom	Chia seed
Chicken	Chicken, capon	Chickpea	Chicory Lettuce	Chimichurri Sauce
Chlorella	Cilantro	Cinnamon	Clams	Clove
Cocoa	Coconut	Coconut milk	Coconut oil	Coconut Water
Cod	Cod liver oil	Coffee (black)	Coffee substitute made from barley	Cola
Common Mussel	Condensed milk	Condensed milk (sweet)	Coriander	Corn
Cornflakes	Cornflour	Cornstarch	Cow's Milk	Crab
Cranberry juice	Crayfish	Cream	Cream Cheese	Cress
Cucumber	Cumin	Currants (red & black)	Dates	Douban Jiang
Dry Roasted Peanuts	Duck	E 100 Curcumin	E 101 Riboflavin	E 102 Tartrazine
E 104 Quinoline yellow	E 120 Cochineal, carminic acid, carmine	E 122 Carmoisine	E 123 Amaranth	E 128 Rot 2 G

E 132 Indigo Carmine	E 133 Brilliant blue FCF	E 140 Chlorophylls and chlorophyllins	E 142 Green	E 150 b Sulphite lye Caramel
E 150 Caramel	E 153 Vegetable carbon	E 155 Brown	E 160 a Carotene (mixed carotene, Beta- Carotene)	E 160 Lycopene
E 161 b Lutein	E 162 Beetroot red (betanin)	E 163 Anthocyanins	E 170 Calcium carbonate	E 171 Titanium dioxide
E 173 Aluminium	E 180 Lithol rubine	E 200 Sorbic acid	E 210 Benzoic acid	E 211 Sodium benzoate, benzoic acid
E 213 Calcium benzoate, benzoic acid	E 261 Potassium acetate, salt of acetic acid	E 270 Lactic acid	E 296 Malic acid	E 297 Fumaric acid
E 301 Sodium L- ascorbate (Ascorbic acid)	E 302 Calcium L- ascorbate (Ascorbic acid)	E 310 Propyl gallate (Gallate)	E 325 Sodium lactate (salts from lactic acid)	E 326 Potassium lactate (salts from lactic acid)

E 327 Calcium lactate (salts from lactic acid)	E 330 Citric acid	E 331 Monosodium citrate, Disodium, Trisodium.	E 334 tartaric acid (L+), tartaric acid	E 338 Orthophosphoric acid, Phosphoric acid
E 352 Calcium malate	E 355 Adipic acid	E 380 Triammonium citrate (salts from citric acid)	E 403 Ammonium alginate, Alginate	E 404 Calcium alginate, Alginate
E 405 Propylene glycol alginate, Alginate	E 406 Agar	E 412 Guar gum	E 414 Gum arabic	E 415 Xanthan gum
E 422 Glycerine	E 440 Pectin, amidated pectin	E 452 Polyphosphate	E 460 Cellulose, microcrystalline cellulose, cellulose powder	E 479 Thermo-oxidised soya oil
E 620 Glutamic acid	E 622 Monopotassium glutamate, Potassium glutamate	E 901 Bees wax, white and yellow	E 902 Candelilla wax	E 903 Carnauba wax
E 904 Shellac	E 927 Carbanide	E 941 Nitrogen E 941 Nitrogen	E 950 Acesulfame K, Acesulfame	E 951 Aspartame

E 952 Cyclamate, Cyclohexane sulphamide acid	E 953 Isomalt	E 954 Saccharin	E 965 Maltite, Maltite syrup	E 966 Lactite
E 967 Xylitol	Earl Grey Tea	Edamame beans	Eel	Egg
Egg white	Egg yolk	Endive	Escarole lettuce	Evaporated milk
Farro	Fennel Fresh	Fermented Black Beans	Fig	Fish (general, fresh water)
Fish (general, salt water)	Fish Sauce	Five Spice	Flaxseed	Freekeh
Fuji Apple	Gala Apple	Galia Melon	Garlic	Gin
Ginger	Gluten	Goat	Goat's Milk	Golden Delicious apple
Goose	Gooseberri es	Gooseberri es (Chinese)	Granary Bread	Granny Smith apple
Grapefruit (Yellow)	Grapes (red)	Grapes (white)	Guava	Halibut
Hare	Hazelnuts	Hemp Milk	Hemp seed	Herring
Herring (red)	Honeydew melon	Hops	Horse	Horse radish
Iceberg lettuce	Jasmine Tea	Jazz apple	Kale	Kamut
Kiwis	Kohl Rabi	Lactose	Lager	Lamb

Lamb's liver	Leek	Lemonade	Lemons	Lentils
Lime	Lobster	Lychee	Macadamia Nuts	Mackerel
Maize	Maize flour	Mango	Marshmallow Tea	Milk
Milk (sour)	Milk Chocolate	Millet	Mint (Fresh)	Miso
Monosodium Glutamate	Mozzerella	Mushrooms	Mustard	Mustard (green)
Mutton	Nectarines	Noodles	Nutmeg	Nutritional yeast (Nooch)
Oat milk	Oats (porridge)	Okra	Olive Oil	Olives (black)
Olives (green)	Onion	Oolong tea	Orange juice	Oranges
Ovaltine	Ox liver	Oyster	Oyster Mushroom	Oyster sauce
Pak Choi	Papaya	Paprika	Parmesan	Parsley
Passionfruit	Peaches	Peanut Oil	Peanuts	Pears
Peas	Peas (field)	Pecan nuts	Pepper (black)	Peppermint oil
Pig's liver	Pine Nut	Pineapple	Pineapple juice	Pink Lady apple
Pisco	Plaice	Plantain	Plums, damsons	Pomegranate juice
Pomegranates	Poppy Seed	Pork	Pork sausages	Portobello Mushroom
Potassium	Potatoes	Prawns	Pringles	Prosecco

Prunes	Pumpkin	Pumpkin Seed	Quince	Quinoa
Rabbit	Radish	Raisins	Raspberries	Red Kidney Bean
Red Leicester	Red Wine	Rice – Brown	Rice – white	Rice milk
Rice vinegar	Rocket (Arugula)	Roe-deer	Romaine lettuce	Rooibos tea
Rosemary	Rum	Runner beans	Rye	Sage
Sake	Salmon	Salt	Sambuca	Sardine
Sesame Oil	Sesame Seed	Shaoxing Wine	Sheep's Milk	Shellfish
Shitake Mushroom	Shrimp	Smoked herring	Sole	Sour Cream
Soy sauce	Soya	Soya Bean	Spelt	Spinach
Spirulina	Star Anise	Star Fruit	Stevia	Stilton
Strawberries	Sunflower oil	Swede	Sweet Potato	Sweetbreads
Tahini	Tamrind	Tea (Black)	Tea (green)	Tequila
Thyme	Tomato	Trout (Brown)	Tuna	Turkey
Turkey, hen	Turmeric	Turnip	Veal	Venison
Vermouth	Vinegar (clear)	Vinegar (malt)	Vodka	Walnuts
Wasabi	Water Chestnuts	Watercress	A salad leaf	Watermelon
Wheat	Wheat flour	Wheat, ground	Wheat, whole grain	Wheatgrass
Whisky	White bean	White pepper	White tea	White wine

Whitefish	Winkles	Yams	Yeast	Yerba mate tea
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Metals

Actinium (Ac)	Aluminium	Aluminium (Al)	Antimony	Argon (A)
Arsenic (As)	Barium (Ba)	Beryllium	Bismuth	Boron (Bo)
Bromine (Br)	Cadmium	Calcium (C)	Carbon (Cc)	Cerium (Ce)
Chlorine	Chromium (Cr)	Cobalt (Co)	Copper	Copper (Cu)
Dysprosium (Dy)	Erbium (Er)	Europium (Eu)	Fluorine (F)	Gold
Gold (Au)	Helium (He)	Hydrogen (H)	Iodine (Ie)	Iridium (Ir)
Iron (Ferrous) (Fe)	Krypton (Kr)	Lead (Pb)	Lithium (Li)	Magnesium (Mg)
Manganese (Mn)	Mercury (Hg)	Molybdenum (Mo)	Neon (Ne)	Nickel (Ni)
Nitrogen (N)	Palladium (Pd)	Phosphorus (P)	Platinum (Pt)	Plutonium (Pu)
Potassium (K)	Radium (Ra)	Radon (Rn)	Rhodium (Rh)	Selenium (Se)
Silicon (Si)	Silver	Silver (Ag)	Sodium (Na)	Strontium (Sr)
Sulphur (S)	Tin (from canned food)	Tin (Sn)	Titanium (Ti)	Tungsten (W)

Uranium (U)	Vanadium (V)	Xenon (Xe)	Zeaxanthin	Zinc
Zinc (Zn)	Zirconium (Zr)			

Nutrition

Acidophillu s	Adenine	Allium	Alpha Lipoic Acid	Anthocyani dins
Ascorbic acid (Vitamin C)	Beta- Carotene	Betaine	Bio- flavonoids	Biotin
Bromelain	Calcium	Carotenoid s	Choline	Chromium
Citrus bio- flavonoids	Copper	Co-Q-10	Creatine	Cystine
Docosahex aenoic acid	Eicosapent aenoic acid	Ellagic acid	Fibre	Flavonoids
Folate	Folic acid	Formic acid	Gallic acid	Genistein
Germaniu m	Glutamine	Glutathione	Iodine	Iron
Iso- Flavonoids	Lactic acid	L-Carnitine	lecithin	Lignans
Lutein	Lycopene	Magnesium	Mallic acid	Manganese
Melatonin	Methionine	Molybdenu m	Niacin	Nicotinic acid
Nucleic acid	Omega 3	Omega 6	Oxalic acid	Pantotheni c acids
Phosphoru s	Phytosterol s	Polyphenol s	flaxseed	Potassium

Pro-anthocyanidins	Pyridoxine	Salicylic acid	Saponins	Selenium
Silica	Sodium	Sulforaphane	Tannins	Tartaric acid
Taurine	Threonine	Tryptophane	Uric acid	Vitamin A
Vitamin A1	Vitamin A2	Vitamin B12	Vitamin B13	Vitamin B17
Vitamin B2 (Riboflavin)	Vitamin B3 (Niacin)	Vitamin B5	Vitamin B6	Vitamin C
Vitamin D	Vitamin D2	Vitamin D3	Vitamin F	Vitamin H (Biotin)
Vitamin K	Vitamin K2	Vitamin P	Vitamin B1	